

unity of madison . 601 tompkins drive . madison, wi . 608-221-1376

Grace Notes

July 2010 æ volume 94



...an open, affirming and heart-centered spiritual community.
we live the Christ consciousness of
acceptance, love, peace,
justice and joy

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July Services...

Sundays, 8:30 and 10:30 a.m.

Nursery Care (Birth-preK) is available at both services.

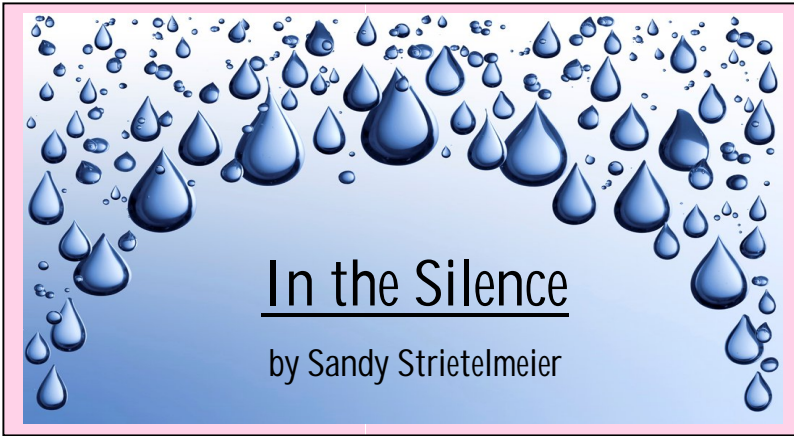
July 4 – “Naming Our Gift”, Rev. Marshall Norman

July 11 -- “Liberation”, Rev. Marshall Norman

July 18 – “Giving and Receiving”, Rev. Marshall Norman

July 25 – “Offering Our Gift”, Rev. Marshall Norman

The abundance of the universe is mine. Every blade of grass, every grain of sand and every particle of air is here for me and for all. By the grace and goodness of God, I am unlimited. I am wealthy beyond measure because I am one with God. – from “The Daily Word”



Now we have showers of blessings. This spring and early summer have certainly been filled with many showers and storms. We see the rain fall on the good and the evil alike. In so many places we see way too much water all at one time. We are open to the blessings that flow into our lives and we open to see the best results to all these gifts, we see them in good and safe measure.

Water and the availability of clean water is also an issue in the gulf. We see so many images that are disturbing. We see suffering and anger and we may feel that there is no way to help.

My opinion is, we are always available to help when we open our hearts and choose to see the light and love, in some way, in any situation. It may not be obvious to us in the first moments, but we can listen for the voice that will guide us to a new understanding.

A meditation on loving kindness for all those involved in situations less than loving. Choosing to send loving thoughts to all those that are suffering. We can let ourselves be at peace and see that peace spreading to all our contacts and through them into their contacts ...

We can only control our own reactions and actions. That alone is a huge gift to this world at this time. Our concentration and willingness to be mindful of the love and light we share in this world is the best gift we can share. May all beings be at peace, safe and loved.

Sweet Spirit of all life.

We thank you for all the blessing in our lives. We see this world as the beautiful Eden of creation. We see the continuing changes and renewals. We do our part to bring light and love and peace to our lives and to this time and place. We release anything that separates us from the beauty and safety of your design and we align ourselves in your path for the good of all. And so it is. Amen

Here I am, Lord by Sandy Strietelmeier

Affirmative prayer, this is what our Prayer Chaplains learn and practice.

There is no special secret to affirmative prayer. We open ourselves to the guidance of Spirit. We release all attachment to the outcome. We release as much of the energy around any situation as we can and we open ourselves to see things a different way. We do our best to release anything other than the love in each situation. We align our will with the will of Spirit as it is shown to us and we affirm the highest and best in each situation, however that may appear. This may be very different than the way we were taught to pray as a child. It may be very different than the prayers we find ourselves speaking when we are in crisis or pain. This is a way of prayer that takes practice and reminding ourselves that Spirit is speaking to us in every moment of our lives. All thoughts and prayers are always heard by Spirit and we don't have to struggle to be heard. We may just need to make space in our lives and in our thoughts to hear the answers we desire. All is well and we continue to practice with clarity, focus, ease and grace.

Blessing dear Unity family, Sandy and your Prayer Chaplains

*All this hurrying soon will be over.
Only when we tarry do we touch the holy.*

Rainer Maria Rilke



Minister's Letter by Rev. Marshall Norman

The Conqueror

Fear fluttered into my heart
Where it was met with dismay;
Making a havoc of hope,
Fear stayed all day.

Fear thundered into my heart,
Where it was met with a smile;
Baffled, bewildered, confused,
Fear left for a while.

Fear trembled into my heart,
Where it was met with a prayer;
Instantly—turned into joy—
Fear was not there.



--Beatrice Mary Billings

Greetings Friend,

As you can plainly see, I am continuing for a while the practice of choosing a poem from the book "Best Loved Unity Poems" first published by Unity in 1946. I am really enjoying these poems for their beauty and their truth. I am also enjoying the fact that they were written quite a while ago. This reminds me that the problems and challenges that we all face, along with the insights about and responses to those problems and challenges, do not seem to change much over the years!

As a teacher of mine (Ed Rabel) from the Unity seminary often shared, "If your spiritual life is getting simpler and simpler.....proceed. If it is getting more and more complicated.....take another look." This poem by Ms. Billings powerfully describes a simple work that we all must practice and make an ever-present part of our spiritual life. To have the awareness to notice when fear enters into our hearts and then to more and more respond to that fear with a smile and a prayer comprises a large part of our healing and our transformation. While this practice is wonderfully and necessarily simple to understand, it is not easy! As Truth students we must embark upon a lifelong commitment to this practice. We must take time daily to train our minds with affirmations and words of truth. These affirmations and words of truth become the elders of our inner church who pray over us in times of fear and challenge.

When we can respond to fear with a smile and a prayer rather than dismay; when we can be aware of the fears that we all experience and then choose to greet them with a non-resistant attitude and affirm the truth of our own strength and beauty; then we are able to stay centered in the truth of our being and live knowing that God is our constant companion no matter what the outer circumstances may indicate. To be able to return to center in the midst of the maelstrom that we sometimes find ourselves in is the description of a spiritual warrior; it is a description of our true destiny.

Ms. Billings has created a powerful poem for our benefit. She has reminded us all of the work we must do in our relationship with that which we call "God". As I have shared with you before, my current working definition of the word "God" is "presence of blessing". I believe that we are always in this presence of blessing despite the details and circumstances we may presently be facing. If we can stay open to this presence; if we can muster a "yes" in the presence of that which we stand in need of; then we will receive the full measure of goodness that God intends for each and every one of us.

Remember.....a smile and a prayer in the midst of the maelstrom; a smile and a prayer knowing that we are always in the presence of love and abundant goodness; a smile and a prayer knowing that it is up to us to not get hooked by the current script or drama.

Smiling and Praying along with you, *Marshall*



UNITY OF MADISON

Senior Minister
Rev. Marshall Norman

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April Tithes

AUC	\$511.25
Rasur Foundation	\$300.00
GLURC	\$355.63
Silent Unity	\$405.63
Porchlight	\$200.00
St. Michael's Church	\$100.00
American Red Cross	\$250.00
Total Tithe for May	\$2,122.51

Financial Information

Income Statement as of 3/31/09

Operating Income	\$71,546
Operating Expenses	\$83,701
Operating Loss	- \$12,155

Thank You Spirit!

Notes from the Board of Trustees

First, all work on our Beaver Dam property is coming to a close. A circular staircase and railing has been installed to make the loft available for more sleeping room. Then the cottage will be thoroughly cleaned and ready for occupancy. I'm told we have renters the last weekend in June and there are still lots of other dates available. Contact Marj Kutsche at 224-1080 or m.kutsche1@att.net to request information or reserve your dates.

Next, our architect, David Ferch, has indicated to us that he will be done with the final drawings by the time I've writing finished this article in June. He will deliver the drawings to our prospective builders for their bids. Our next Capital Items Committee meeting will be focused on determining which builder to recommend to our Unity of Madison board of trustees. We expect to be starting the building project shortly after the contractor decision has been made. Many of us are anxious, but we are reminded that all is in Divine Order.

David is also going to bring back the tile samples that have chosen by the Capitol Items Committee for the lobby floor and the downstairs bathroom floor. We know not everyone got to see them before the samples were sent back. These will be on display in the lobby as soon as we receive them. Again, these were chosen from the options presented to us by David's interior designer.

Finally, the Board welcomes your thoughts and suggestions about the Accessibility Project. This project offers us all not just a facility improvement but also a chance to strengthen our community through our continued discussion and participation in the decision making process. As we work together we might seem to be on a divine mission: one in which we practice love, respect, and support through this exciting process while we demonstrate concern for each other's thoughts and feelings.

Pat Payas, Vice Chair of Unity Board of Trustees

“The Rise of The Fallen - Wisconsin” created by artist Andre Ferrella

A commemoration to honor the American soldiers who have fallen in Iraq and Afghanistan through a special form of portraiture that Andre Ferrella developed known as Spirit Boxes.

Where

Wisconsin Veterans Museums
30 West Mifflin Street, Suite 200
Madison, WI 53703
608.261.0541

www.museum.dva.state.wi.us

When

Tuesday, July 6, 2010 – 6:00 to 7:30pm; Program at 6:30pm

View the exhibit and hear remarks from the artist at this special opening reception for *The Rise of the Fallen*. Free and open to the public, this installation will be on display for four months and will travel throughout Wisconsin and the Midwest.

Website of the Project

www.TheRiseofTheFallen.org



A Spirit Box is comprised of milky white Plexiglas with a portrait of an individual. The way the portrait is formed inside produces a mysteriously convincing three dimensional quality as if they appear to be very real. It is as if we on this side of the veil between life and death can feel the eternal essence of those on the other side of the veil. The Spirit Boxes seem to communicate directly to our spirit as if their presence is genuine. The emotion is evocatively indescribable as if their presence is ever present.

Peg O'Donnell of De Forest, Wisconsin, Gold Star Mother who provided us with a photograph of her son, Lance Corporal Shane O'Donnell, describes her experience...“I felt a tremendous sense of peace while viewing Shane’s Spirit Box. The Spirit Box captures the essence of my son. I support this project whole-heartedly in honoring my son!”

Last year at the First Unitarian Society’s Peace Project Weekend, “The Rise of The Fallen” was displayed on the beautiful altar designed by Frank Lloyd Wright and the public commented with an overwhelming acceptance of the beauty and spiritual essence of the project. There was an honoring of love and compassion for those who have given their lives. Many Veterans of Foreign War and American Legion organizations have given this project unanimous endorsement.

I believe that we as eternal beings are here for just a temporary moment in time and then we transition to the other side of the veil. There is no greater purpose for an artist than to convey the Divine. This has been my life’s aspiration.

As long as we continue to discover the “Spirituality in the Arts” we achieve our earthly goal to enlighten and support our evolution. It is this process that speaks to our inner being and allows a continual flow of energy and creativity that builds our character for purposeful advancement.



Environmental Team Statement: our mission is to inspire and mobilize the Unity of Madison community to walk upon Earth for the greatest good and respect for all.

The Green Team wants to acknowledge the many people in the Unity of Madison Community who are making a difference in caring for Mother Earth. We are sure that the following efforts are not a complete list, and we welcome feedback if something you are doing to protect the environment in and around our community is not mentioned so we can acknowledge you in the future.

We have a programmable thermostat so the sanctuary is only heated when in use. MG&E performed an energy audit and pipes were insulated and other energy conservation suggestions have been followed up on. There are a number of policies or procedures which we have seen changed in the operation of our building. Non-toxic cleaning products are being used and products such as paint are being carefully screened to reduce harmful chemicals in the building. Sunday services use less paper now that the order of the service is not handed out with announcements but tucked inside the front of the white binders and in plastic sleeves. The staff are recycling paper and conserving trees. We, as a community, now ask that we all protect our congregation from exposure to the harmful chemicals in perfumes. We applaud the annual "Bike to Church Sunday" event and those who biked. The Chaplain Team carpools to out-of-town training as well as women on retreat.

Hospitality volunteers are, in addition to recycling, now composting. The use of paper plates and disposable utensils has been discontinued whenever possible at church and chaplain training events. And the Free Trade Coffee being served by the Hospitality Team ensures we are not adding to environmental degradation in the countries where coffee is grown.

We greatly appreciate the good response and participation we have had from the Unity Community for events such as bike recycling, battery and cell phone recycling, Adopt a Highway, and Food, Faith and Earth Day. Sharing the Harvest will again be held June 27, July 11 & 18, August 8 & 22, and September 12 & 26. We are grateful to several families who bring produce to sell and everyone who shops and chats during Share the Harvest. In addition to home grown, organic food, there will be space provided for sharing information about environmental issues and anyone who has something to share is welcome to participate. Your participation in Sharing the Harvest contributes to building our community.

If we have omitted mention of an effort you are making to protect earth in or around our Unity Community, feel free to let us know. Jeanie: Jeanie@tds.net or Ellen: guyfields@charter.net.

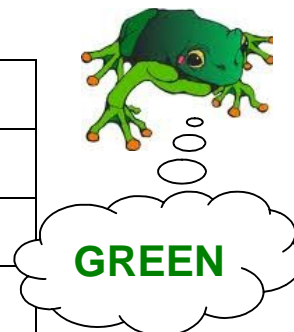
See you at the next Adopt A Highway clean-up on July 18, (after Share the Harvest!)

SHARE THE HARVEST

URGENT! YOUR HELP IS NEEDED DUE TO LOSS OF OUR MAIN PRODUCE SUPPLIER THIS SEASON So, if you have any produce, (even a few items), please help us out by bringing it to sell or donate! This event is very popular at Unity in addition to being a fundraiser. We need your help!

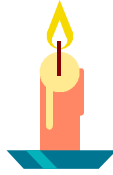


<u>Sunday dates after 8:30 and 10:30 services:</u>	
July 11 & July 25	2 nd & 4 th Sunday
August 8 & August 22	2 nd & 4 th Sunday
September 12 & September 26	2 nd & 4 th Sunday



Candle in the Window

by Marie Doty



SANDY STRIETELMEIER

Sandy Strietelmeier is an oasis of peace and love, quietly drawing dozens of individuals to her each Sunday. And she also possesses a low key sense of humor and the ability to laugh at herself.

One of my favorite Unity stories – which I wrote several years ago – was the anecdote Sandy related of the unhappiness her parents, staunch Lutherans, felt when she joined this church. “Look at it this way,” her brother, a Lutheran minister, told them consolingly, “at least she’s not biting the heads off chickens.”

But a sense of humor does not always alleviate pain.

“I went to Seattle for a conference presented by New Age magazine,” she recalls. “Marianne Williamson was the speaker and I had read her book, *Return to Love*. Unity of Seattle was the co-sponsor and that’s what brought me here to Unity of Madison.”

This was at a critical period of her life. “At the point I was at when I came here, I didn’t expect to be around much longer. This was one of my last reaching-out (efforts). I was away from everything that gave me a connection.

“I grew up very immersed in my church. Then when I moved here I tried several churches and felt that none of them fit me. I must have gone at least 10 years without a real church home. That was okay but I missed the community part.”

Unity gave Sandy back her life, her reason for living.

“I met wonderful people here,” she says now. “This was where I wanted to spend most of my time – so I went to almost every class that was offered. When we split into two Sunday morning services, I went to both. I still do. That’s what has kept me here. It’s the community.”

Sandy’s passion, she says, is for the Prayer Chaplain ministry and the prayer work. “This has all had both a good and bad influence on my professional work as a Production Scheduler. I’m much more focused on my spiritual life than my work life now. My work life used to be my whole identity. No longer. I do my job but I don’t hang around after hours.”

She pauses a moment in reflection. “The positive, affirming way of praying is so different from what people expect – or what we were taught as children to pray. In the Prayer Chaplain dedication we use a quote from Myrtle Fillmore. “As you learn to see the fullness of God’s life and love and power and substance in others, you will know that you need not pour out your own for them. You will have the



Sandy’s Puppy BEACON

knowledge and the light to call their attention to what they have and to prompt them to use it.”

Sandy adds that, as prayer chaplains, one of the challenges is releasing the outcome of any prayers they do. And she speaks briefly of forgiveness. “I think forgiveness comes deeper with time. In the past when I thought I’ve forgiven, it has sometimes come back. So you just forgive again.”

She is not sure she is the same person that she was when first attending Unity. Then she adds, “Well, I guess I am the same person. I’m just more accepting of myself. I’m not perfect at it but better than I was.”

Besides heading the Prayer Chaplain ministry, Sandy is a worship assistant. “It’s wonderful to look out and see the congregation.” She was also on the board for seven years during a challenging time.

“My term started before Roger left and continued through the interim ministers. I think of it as the Time of the Gauntlet. The challenges made you just want Unity of Madison to thrive and survive.”

Her term ended the spring after (Rev.) Marshall Norman arrived. “Marshall talks about the winds against the tree at this lake where he lives. It makes the tree stronger.” Sandy chuckles as she adds, “For a time we had some pretty hefty winds.”

Into her life has come a small dog, a year-old Keeshond, named, appropriately enough, Beacon. “Spirit picked him out for me. When they opened the gate to let him out to see me, he walked up, put his head between my ankles and laid down.”

What does he bring to her life? “Unconditional love and laughter,” she replies promptly. And Sandy could just as well be speaking of what she herself brings to so many other lives.



unity porchlight team

Our Porchlight Team was given a rest from serving the last Saturday night of May and the second Tuesday and Wednesday of June. We had groups who requested serving at the shelter through Porchlight and/or had given substantial contributions to the Porchlight Capital Campaign for two new buildings for mentally challenged in crisis. Our Team at Unity will be so proud to learn that we collected over \$10,000 in the Volunteer Match for the Capitol Campaign. This is over 10% of the total \$100,000 needed to match an anonymous donor couple's gift. Fantastic! We have a great team and a generous Unity community! Thanks to all who donated. It is not too late to donate, if you would like to. Contact Janie Lynaugh 215-5895 or Lloyd Rowley 445-1096. We continue to collect clothing and personal care items, small furniture items, kitchen items, linens, etc. in the bin in the foyer. We would also like to invite all those interested in going to the Porchlight website: www.porchlightinc.org to view all the things that Porchlight programs do and to see what fundraisers and other events are going on all the time. We are in the process of getting a new stove in the Unity kitchen, a new refrigerator in the church house basement and having electrical and venting work done, then moving our entire operation from the Rowley's home to Unity. Thanks to Jim L'Huillier for all his work in helping us get closer to this goal. Blessings to everyone who has helped our team serve the homeless of Dane County! Please pray for all homeless people everywhere!
Janie Lynaugh and Lloyd Rowley



second harvest food bank

Thanks to all who brought in food over the past month! We brought in 50 lbs. on June 14th! Remember "Bring a Can to Church" the first Sunday of each month. This is a great improvement from previous months! We can tell you that the shelves at the Second Harvest Food Bank are looking very bare these days and food is greatly needed for children who are not getting their breakfasts and lunches at school over the summer. Keep up the good work!



cell phone collection

Thank you to several people who collected old cell phone at their office and places of work. We sent in two boxes in the month of June! This adds to our Unity of Madison Coffers, keeps them out of the landfills and provides 911 phones for domestic violence clients. If you would like a collection box at your place of work, please contact me. Keep bringing them in!!!
Thanks so much!
Janie 215-5895

Youth Education

"All I can say for this month is that I am honored and I feel blessed to have this wonderful opportunity to hopefully enrich the life of the children and teenagers at Unity. I am very excited about starting my job and am hoping that there will be many volunteers to help continue the wonderful work Linda Tyllo has started." Julia Meyers, Youth Ed Director

And all we can say to you, Julia, is

Welcome!!



Domestic Abuse Intervention Services Welcomes Christmas in July

Below is the DAIS Wish List which Unity is pleased to turn into a **Manifestation List!** I spoke with Wendy Tougas, the shelter coordinator, and she said that our gifts were very important to them last summer, helping them through a tough funding time.

As you're picking out your gift(s), keep especially in mind the starred items; I asked Wendy to indicate what were particular needs at this time. The one that jumped out for me were box fans, since I can remember the misery of sweltering heat without air conditioning! If your summer finds you busier and not at Unity very often, you can still participate in Christmas in July by picking out an item on this list and dropping it off sometime during the month of July. Or checks made out to DAIS are also very welcome.

This year everyone who contributes will receive a hand-made DAIS-mark to bookmark your books and provide an incentive to mark the beauty of each day.

Your Christmas in July committee, Karen Lund, David Pauly, Marcia Helgerson, Jennifer Parker

Domestic Abuse Intervention Services Shelter Wish List Spring 2010



Because many items are used as gifts, DAIS is only accepting new items.

Clothing for Women and Children

- Bras, socks, underwear (S-XXL)
- House shoes/slippers
- *Jeans, *shorts and sweatpants
- *Pajamas
- *Clothes for Boys (ages 0-18)

Linens

- *Bath towels and wash cloths
- Twin sized linens
- Twin sized quilts/heavy blankets
- Portable and standard sized crib sheets

Miscellaneous

- *Cleaning supplies
- *Over-the-counter medications
- Alarm clocks
- Dish sets for four
- Pots and pans

Silverware

- Toasters/toaster ovens
- Coffee makers
- *2010 appointment books
- ***Tracfores / No Contract Phones
- Umbrellas
- *Duffle bags (medium to large)
- **Big fans
- *Luggage/duffle bags

Personal Care Items

- *Size 5, 6 diapers and pull-ups
- Baby wipes, baby shampoo, baby oil, * baby lotion, *baby powder
- *African American hair care products
- Full-sized shampoo, conditioner, body wash, toothbrushes, toothpaste

***Items most in need**

Kids Playroom

- Arts and crafts sets
- Handheld video games
- Doll clothes
- Multi-cultural Barbies and dolls
- Dress-up clothes
- Doctor sets, cashier sets etc.
- Toddler toys
- Blocks
- Boys toys age 2-18
- Cars, trucks, all sizes
- Car rugs
- *Play kitchen

You Pick the Price Items

- Discount store gift certificates
- *Walgreen's certificates (for Rx's)
- *Gas vouchers
- *Phone cards
- *Metro bus tickets



With questions, please contact:

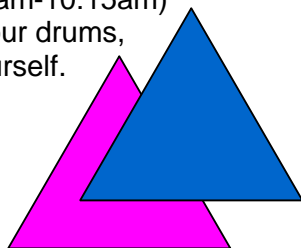
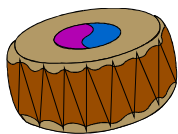
Wendy Tougas
Shelter Living Specialist
Domestic Abuse Intervention Services
(608) 251-1237 ext.323

Please send monetary donations to:

Domestic Abuse Intervention Services
P.O. Box 1761
Madison, WI 53701

Music Ministry by Pete Calgaro

June's drum circle was full of great energy! The next drum circle will be between services (approximately 9:45am-10:15am) on, Sunday, July 11. Bring your drums, shakers, etc. or just bring yourself.



The Unity All-Star Revue was just a delight during the Intergenerational / Volunteer Appreciation Service. We'll be sure to do it again sometime this summer. See me if you have any questions.

Dancing with the Mystery, **Pete**

Prayer Shawls Ministry

by Ann Munkres



Meeting for July

Please note the change in date to Friday, July 9 as well as location: We will have our regular meeting at 10:00 followed by a Pot Luck at Laura Shaffer's, 1802 Monroe Street Unit 211 (above Trader Joe's).

Please R.S.V.P to Laura 230-6729 or 225-1363.

Succulent Costa Rican Cuisine & Community Gathering!

What & When: YOU are invited to a delicious Costa Rican meal prepared by our own exquisitely talented professional chef, Rafe Montello on **Sunday, July 18th** directly after the 10:30am service!



Why: Thirteen members of our Unity of Madison community are traveling to Costa Rica this summer to work and learn alongside Rev. Rita Marie Johnson, Founder of the Rasur Foundation. This organization helps to build peace in the world by teaching a peaceful communication process known as BePeace in the public school system (see the June issue of Grace Notes for more detail on this). Unity of Madison has had a longstanding relationship of support for the Rasur Foundation and this trip is intended to deepen our relationship on a more personal level.



We are offering this fundraising meal and community experience to help raise awareness about the Rasur Foundation's work and to raise funding to support Rasur's work in the schools training youth as peace ambassadors with the children. We'd also love to have our community's support, prayers and well wishes for our upcoming trip!



How: Tickets for the meal will soon be available. The cost is \$10 for adults and \$5 for children 12 and younger. Please watch for upcoming announcements for details or contact Linda Tyllo at linda@unityofmadison.org for more information.

We hope to
see YOU
there!!



July 2010

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
UNITY OF MADISON 601 Tompkins Drive Madison, WI 53716 608.221.1376 www.unityofmadison.org	<i>Sunday Morning Services</i> 8:30 & 10:30 am	S = Sanctuary H = Hospitality WC = Worship Center CH = Church House CR = Chaplain Room G = Garden	PSM = Prayer Shawl Ministry NCC = Neo Orthodox Catholic Church \$ = Charge LO = Love Offering	1 5-7 pm Garden Team G Divine Order	2 Expect Good	3 9am- 12n Prayer Chaplain Meeting WC Slow Down
4 Talk: "Naming our Gift" Bring a can of food Sunday 9:45 am Unity Film H 1-2:30 pm NCC Communion 3-5:15pm Ageless Wisdom Stdy Grp\$ S <i>Free</i>	5 Office Closed 6-7pm Karate WC \$ Understanding	6 Confident	7 6-6:45 pm Prayer Circle S Forgive	8 5-7 pm Garden Team G 7-9:30pm Unity Dream Circle \$LO World Peace	9 10 am-2 pm PSM followed by a pot luck meal at Laura Shaffer's 1802 Monroe Street Unit 211 (above Trader Joe's). R.S.V.P to Laura at 230-6729 Faith	10 9-11 am Men's Breakfast H Healing
11 Talk "Liberation" 9:30 & 12 n Share The Harvest G, WC, H 9:30&12n Chair Massage H 9:30 -10:30 am Green Team TR 9:45 -10:15 am Drum Circle S 1-2:30 pm NCC Communion S Let Go, Let God	12 6-7pm Karate WC \$ Service	13 Spiritual Life	14 7-9 pm Clown Club H Harmony	15 5-7 pm Garden Team G Joy	16 Patience	17 1-4:00pm "Imaging God the Mother" workshop w/ Paula Hirschboeck \$30 Prosperity
18 Talk: "Giving & Receiving" 12 n Costa Rican Fundraising Meal H 12:15 pm Adopt-a-Highway 1-2:30 pm NCC Communion S 3-5:15pm Ageless Wisdom Stdy Grp\$ S Gratitude	19 6-7pm Karate WC \$ Excellence	20 Guidance	21 6-6:45 pm Prayer (Healing) Circle S 6:00-8:00 pm Trustees Mtg TR	22 5-7 pm Garden Team G Life	23 Comfort	24 Protection
25 Talk: "Offering our Gift " 9:30 & 12 n Share The Harvest G, WC, H 1-2:30 pm NCC Communion S 12-1 pm Town Hall Meeting S Guided by Love	26 6-7pm Karate WC \$ Vision	27 Pray for Others	28 Grace	29 5-7 pm Garden Team G Surrender	30 Some Unity members travel to Costa Rica Inner Peace	31 Right Attitude



Unity of Madison
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Fax: 608-221-4008
www.unityofmadison.org



*Unity of Madison -
Your Spiritual Home for
Joy, Healing & Transformation*

Contact Us via Phone or Email for:

Counseling - marshall@unityofmadison.org

Office - julie@unityofmadison.org

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(due on the 15th of each month)